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PERSONAL INFORMATION:

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Date of Birth: May 9, 1965

Marital Status: Married

Citizenship/Languages: Canadian/English and French

EDUCATION

1995-96 MacEachern Fellow – Pediatric Radiation Oncology, University of Toronto
1995-96 Certificate in Community Health, Clinical Epidemiology, University of Toronto
1991-95 Radiation Oncology Residency Program, University of Ottawa
1990-91 Comprehensive Internship in Medicine, Queen's University, Kingston
1986-90 Doctor of Medicine, University of Toronto
1984-86 Undergraduate Math and Computer Science, University of Toronto

CURRENT EMPLOYMENT:

2006-Present Associate Professor, Faculty of Medicine, Dalhousie University

1996-Present Radiation Oncologist, Nova Scotia Cancer Centre, QEII Health Sciences Centre
Halifax, Nova Scotia; Cape Breton Regional Hospital, Sydney, Nova Scotia

Consultant, Pediatric Radiation Oncologist, IWK-Grace Health Sciences Centre
Halifax, Nova Scotia

Psychosocial Oncology

Invited academic presentations in psychosocial oncology

Presentation: "Why body-mind-spirit medicine should be standard of care"

2008	BCCA Vancouver Island Clinic Oncology Rounds, Victoria, BC
2008	Valley Regional Hospital, cancer and pastoral care program, Kentville, NS
2007	Ottawa Regional cancer Centre, Ottawa, ON
2007	Kelowna Regional cancer Centre, Kelowna, BC
2007	Sunnybrook Health Sciences Centre, Toronto, ON
2006	Oncology Grand Rounds, Cancer Care Manitoba, Winnipeg, MB
2006	Oncology Grand Rounds, Saskatoon Regional Cancer Centre, Saskatoon, SK.
2006	Radiation Oncology Rounds, Regina Regional Cancer Centre, Regina, SK.
2005	Radiation Oncology Rounds, McGill University, Montreal, QC.
2005	McGill Cancer Centre – Graduate student oncology series- "Basics of psychosocial oncology", Montreal, QC.
2005	Radiation Oncology Rounds, British Columbia Cancer Agency, Vancouver, BC
2003	Cape Breton Cancer Symposium, Sydney, NS

Published articles in psychosocial oncology

2009	Rutledge, R. and Robinson, L. "Community-Based Organizations are Critical Partners in Providing Complete Cancer Care". April 2009. Journal of Current Oncology Volume 16, Number 2 (pages 113-117).
2003	Rutledge, R. Beyond Physical Treatment Integrating Psycho-Oncologic Therapy for Distress and Depression". Oncology Exchange, Vol 2, No 3, August 2003

Published abstracts in psychosocial oncology

2006	Adolescent/Young Adult Cancer Weekend Retreat: Evaluation of "Retreat Yourself" program. Published in Psycho-Oncology volume 15 number 2 (supp) October 2006
2003	Rutledge, R. "Skills for Healing" Weekend Retreats: Description and Evaluation of a Rural Canadian Program. Psycho-Oncology, June 2003, Vol 12, Num 4 (Supplemental) pg 51-527, 6 th World Congress of Psycho-Oncology, April 23-27, 2003, Banff, AB.

Other presentations on psychosocial oncology

2010	Paper co-presenter with Dr. Lynne Robinson, Canadian Association Psychosocial Oncology annual conference: "I am not alone / I can manage" Long term Benefits of a Cancer Weekend Retreat Program.
2009	Workshop leader, Canadian Association Psychosocial Oncology annual conference: CBO showcase: Presentations from community-based organizations in Canada

- 2008 Co-presenter with Dr. Lynne Robinson Knowledge Exchange Practices of National Psychosocial Cancer CBOs in Canada – Presented at Dalhousie University, Halifax
- 2008 Foreword to booklet: “Metastatic Cancer – the Club You Don’t Want to Join” – 2008, BC Cancer Agencies sociobehavioural division, Vancouver, BC.
- 2007 Presenter, Cancer Wellness and Prevention Series “The case for complete cancer care: How to integrate complementary care with conventional medicine.” Halifax.
- 2007 Presentations the annual meeting of Canadian Association of Psychosocial Oncology
- Paper presentation: Explicitly exploring spirituality during a weekend support group seminar: The skills for healing experience
 - Workshop: Reclaiming our fire: Experiential workshop based on a young adults weekend retreat
 - Poster co-presenter with Lynne Robinson. Knowledge Exchange Practices of National Psychosocial Cancer Community Based Organizations in Canada.
 - Workshop: co presenter with Lynne Robinson: Win-Win: A Case Study of Working Partnerships in Psychosocial Cancer Care and Research
- 2007 Cancer Survivorship Roundtable participant– Cancer Care Nova Scotia. Halifax
- 2006 Presentation contributor. The University of Calgary Undergraduate Medical Education program complementary medicine website www.fp.ucalgary.ca/CAMinUME, three public lectures posted on web site.
- 2006 Paper presenter, Canadian Association of Psychosocial Oncology annual conference, “When a loved one has cancer”lectures for caregivers: The content and evaluation of expert-generated public talks”. Montreal, Quebec.
- 2006 Paper co-presenter with Dr. Lynne Robinson, Canadian Association of Psychosocial Oncology annual conference, “National adolescent and young adult cancer weekend retreat: Evaluation of Realtime cancer’s Retreat yourself program” Montreal, Quebec.
- 2006 Paper co-presenter with Dr. Lynne Robinson, Canadian Association of Psychosocial Oncology annual conference,“ Qualitative Analysis of the experiences of people with cancer attending a healing weekend retreat. Montreal, Quebec
- 2006 Workshop co-presenter with Dr. Tim Walker, Canadian Association of Psychosocial Oncology annual conference, “Deep empathy across the lifespan” Montreal, Quebec.
- 2005 Seminar leader New Zealand Cancer Society Professional Development Day: How to run a cancer support group, Hamilton, New Zealand
- 2005 Oncology Grand Rounds presenter, Hamilton, New Zealand

- 2004 Paper presenter, Canadian Association of Psychosocial Oncology annual conference.: Talking about the mind-body connection: further proof for supportive care. Toronto, Ontario
- 2002 Oncology Grand Rounds presenter, Cancer Care Nova Scotia,. “Psychosocial cancer care.” Halifax, Nova Scotia.
- 2002 Keynote Speaker, “Stress and the Relaxation Response”, Anglican Diocese of Nova Scotia and PEI annual general meeting, Halifax, Nova Scotia.
- 2001 Paper presenter, Canadian Association of Psychosocial Oncology annual conference, Videotape assisted teleconferencing for cancer support group attendees. Winnipeg, Manitoba
- 1999 Oncology Grand Rounds presenter, Cancer Care Nova Scotia, “The hows and whys of cancer support groups” Halifax.

Health Promotion

Health Promotion: Invited academic lectures

- 2008 Integrating Health Promotion in Breast Cancer Care – London Regional Cancer Program – Breast Cancer Team. And at the Saint John Regional Hospital, Saint John, NB.
- 2006 Invited lecturer, 4th year psychology class, Dalhousie University, “Health Promotion in Cancer Care”, Halifax
- 2006 Medical Grand rounds Queen Elizabeth Hospital,.“Integrating health promotion in Cancer Care” Charlottetown, PEI.

Professional caregiver health

Professional caregiver health: invited academic presentations

- 2009 Kamloops Regional Cancer Centre: Taking care of us: Professional caregiver health, Kamloops, BC.
- 2009 Invited speaker, Department of Urology Lecture: Taking care of us: Professionals caregivers. Halifax.
- 2007 Plenary speaker, Atlantic Winter Urology Meeting plenary presentation “professional caregiver health – taking care of us”
- 2005 Key Note Speaker, New Zealand Cancer Society, Symposium, Taking care of us – professional caregiver health. Hamilton, New Zealand,.

2003 Palliative Care Grand Rounds, Division of Palliative care (Dalhousie University)
“Professional caregiver burnout: taking care of us” Halifax.

Professional caregiver health: Published article

Rutledge, R. & Robinson, L. The health of professional oncology caregivers: Taking care of us.
Oncology Exchange, VOL. 3, NO. 5, pp 24-27, 2004

Skills for Wellness Workshop for Health Care Professionals with Dr. Tim Walker

2010 Wellspring – Toronto (Sunnybrook)
2010 Wellspring-Calgary, Calgary
2008 London Regional Cancer Program. London, Ontario
2007 IWK Health Centre nursing staff, Halifax, Nova Scotia
2007 Centre Town Community Centre, Ottawa
2005 London Regional Cancer Program. London, Ontario

Co-producer with Dr. Lynne Robinson, MD Health eCoach, web-based health promotion program for physicians in Halifax, Nova Scotia

Spirituality in Oncology

Spirituality in oncology: Academic presentations

2006 Invited co-speaker with Dr. David Morrison Saint Mary’s University Centre for Spirituality in the Workplace, Public Lecture. “Spiritual touchstones: Integrating spirituality in Cancer Care”. Halifax, NS

2006 Poster Co-Presenter with Dr. David Morrison. International Psycho-oncology Society’s 8th World Congress of Psycho-Oncology “Integrating Spiritual Assessment and Spiritual Care Specialists into Cancer Care.”. Venice, Italy

2006 Oncology Grand Rounds presenter, Cancer Care Nova Scotia, ‘Addressing spiritual distress in cancer care’ Halifax, NS.

2006 Scientific co-chair for the 4th International Spirituality and Health Conference to be held in Vancouver BC.

2005 Key note presenter Canadian Association Pastoral for Practice and Education, Atlantic Branch, annual general meeting,. “Integrating Spirituality into Cancer Care” Tatamagouche, Nova Scotia

2005 Psychosocial oncology rounds presenter, British Columbia Cancer Agency, Vancouver, British Columbia. Telehealth lecture, “Spirituality in Cancer Care” Vancouver, BC.

2005 Lead facilitator and key note speaker of day long seminar. “Psychosocial Spiritual Cancer Care for Professionals”. Tauranga, New Zealand

- 2005 Paper presenter, Canadian Association of Psychosocial Oncology, Annual meeting,. Presenting spiritual concepts to a secular audience: Lessons learned from cancer support groups. Victoria, BC.
- 2005 Workshop co-presenter with Dr. Tim Walker, Canadian Association of Psychosocial Oncology Annual Meeting. A Buddhist approach to cancer support groups. Victoria, BC
- 2004 Paper presenter, Third international spirituality and healthcare conference. "Presenting spiritual concepts to a secular audience: lessons learned from cancer support groups". Calgary, AB
- 2004 Invited panelist. The meaning of healing half-day seminar. Atlantic School of Theology, graduate class, Halifax, Nova Scotia.
- 2001 Invited speaker. Palliative Care Association of NS annual general meeting.. "Spirituality and Palliative Care" Wolfville, Nova Scotia
- 2001 Paper presenter, First Canadian Inter-professional Conference on Spirituality and Health Care, Calgary, Alberta. "Teaching meditation and mindfulness based stress reduction to cancer support group attendees".

Spirituality in Oncology: Public presentations

- 2007 Invited presenter, BC Cancer Agency Community Cancer Forum, "Integrative cancer care: Five steps to empowering body, mind and spirit" and "Lessons from the wise ones: Transformative stories from cancer patients" Vancouver BC
- 2006 Lead organizer "Cancer and spirituality" 3-hour workshop at the Buckingham United Church, Halifax, Nova Scotia
- 2002 Invited Speaker, Sermon, Rockingham United Church, Halifax, Nova Scotia

ONCOLOGY

Genitourinary Oncology

Invited academic presentations in Genitourinary Oncology:

- 2006 Plenary co-speaker. Canadian Urological Association Annual General meeting,. "The role of radiotherapy in upper tract transitional cell carcinoma". Halifax, Nova Scotia.
- 2004 Maritime-wide telemedicine Urology Grand Rounds presenter, "Principles and practice of prostate cancer radiotherapy". Halifax, Nova Scotia.
- 2004 Oral presenter. Atlantic Winter Urology meeting, : "The role of hormone and radiation treatment in prostate cancer". Cornerbrook, Newfoundland and Labrador.
- 2004 Oral presenter. Dalhousie University Department of Urology – Prostate day,. : "Node positive prostate cancer is potentially curable". Halifax, Nova Scotia

- 2003 Oral presenter, Atlantic Winter Urology Meeting, "Optimal treatment of localized prostate cancer". Cornerbrook, Newfoundland and Labrador.
- 2000 Oral presenter. Atlantic Winter Urology Meeting, Cornerbrook, Newfoundland and Labrador. : "The addition of androgen ablation to radiotherapy in the treatment of locally advanced prostate cancer".
- 1999 Speaker, Dalhousie University Department of Urology, Prostate Research Day. Halifax, Nova Scotia, "Radical radiation alone for prostate cancer: The Halifax experience".
- 1997 Invited speaker, Nova Scotia Medical Technologists Annual Meeting, Halifax, Nova Scotia, Invited Speaker: "The Role of Radiotherapy in the Treatment of Neuroblastoma".

Published articles and abstracts in oncology

- 2009 Kirk R. Schultz, W. Paul Bowman; Alexander Aledo; William B. Slayton; Harland Sather; Meenakshi Devidas; Doojduen Villaluna; Chenguang Wang; Bernice Pasut; Stella M. Davies; Tammie Eslinger; Paul S. Gaynon; Michael Trigg; Rutledge, Rob; Laura Burden; Dean Jorstad; Andrew Carroll; Nyla A Heerema; Naomi Winick; Michael J. Borowitz; Stephen P. Hunger; William L Carroll; Bruce Camitta, "Improved Early Event Free Survival with Imatinib in Philadelphia Chromosome-Positive Acute Lymphoblastic Leukemia: A Children's Oncology Group Study"
- 2009 "Sex or survival: Short versus long-term androgen deprivation in patients with locally advanced prostate cancer treated with radiotherapy" – Cancer – publication in progress
- 2007 UROLOGY 69 (5), Article: Incomplete and Inconsistent Information Provided to Men Making Decisions for Treatment of Early-Stage Prostate Cancer. Stephanie L. Snow, Rachel L. Panton, Lorna J. Butler, Derek R. Wilke, Robert D.H. Rutledge, David G. Bell, and Ricardo A. Rendon
- 2007 American Society of Hematology paper: Intensive Dosing Of Imatinib In Combination With High Dose Chemotherapy Induces A Significant Improvement In Early Event Free Survival (EFS) And Reduction In Minimal Residual Disease (MRD) for Philadelphia Chromosome-Positive (Ph+) Acute Lymphoblastic Leukemia (ALL) in Children and Adolescents: A Children's Oncology Group (COG) Report On AALL0031. Kirk R. Schultz, Paul Bowman, William B. Slayton, Alex Aledo, Meenakshi Devidas, Harland Sather, Michael Borowitz, Stella Davies, Michael Trigg, Bernice Pasut, Dean Jorstad, Tamie Eslinger, Laura Burden, Chenguang Wang, Robert Rutledge, Paul Gaynon, Andrew Carroll, Nyla Heerema, Naomi Winick, Stephen Hunger, William L. Carroll, Bruce Camitta
- 2004 Wilke D, Krahn M, Warde P, Bezjak A, Tomlinson G, Rutledge R, Detsky A. Preferences for short versus long – term androgen deprivation in prostate cancer survivors. Proc ASCO 2004; 23: A4620.

- 2004 McPhee N, Wilke D, Rutledge R. Bony landmark defined radiotherapy portals for elective lymph node irradiation geographically misses the planning target volume compared to vessel defined radiotherapy portals for prostate radiotherapy. *Radiother Oncol* 2004 Vol 72 (suppl 1): S7.
- 2004 Wilke D, Krahn M, Warde P, Bezjak A, Tomlinson G, Rutledge R, Detsky A. Preferences for short versus long – term androgen deprivation in prostate cancer survivors. *Proc ASCO* 2004; 23: A4620.
- 1999 Rutledge, R; Schella, J. Minimizing the excessive dose to the temporal lobes: treatment technique in medulloblastoma” *International Journal of Radiation Oncology Biology Physics*, Suppl October, 1999
- 1997 Rutledge, R; Detsky, A. Intra-arterial Cisplatinium/Concurrent Radiotherapy versus Radiotherapy alone in the Treatment of Bladder Cancer: A Medical Decision Analysis with Costing. *International Journal of Radiation Oncology Biology Physics*, suppl Oct 1997.
- 1994 Rutledge, R; Esche, B. A technique combining full-dose primary brachytherapy and elective neck irradiation in the treatment of oral tongue cancer” *International Journal of Radiation Oncology Biology Physics*, Suppl Oct 1994.
- 1994 Esche, B; Rutledge, R. Brachytherapy alone or in combination with neck irradiation in the treatment of oral tongue carcinoma: The Ottawa experience. *Clin Invest Med*. Suppl August, 1994.

Other presentations in Oncology

- 2009 Facilitator, Interprofessional Core Curriculum in Principles and Practices of Radiotherapy.
- 2008 Invited speaker. Breast Cancer Symposium. Surgical Oncology Network CME conference. Halifax.
- 2006 Member/Moderator. Brain Tumour Foundation of Canada, Halifax Information Day, Westin,– Panel Halifax, Nova Scotia
- 2002 Co-presenter “Optimal Follow-up in Non-Metastatic Prostate Cancer.” CDHA Research Forum, Halifax, Nova Scotia.
- 1998 Oncology Grand Rounds presenter, Cancer Care Program, , “Meddling with medulloblastoma: treatment, technique and toxicity”. Halifax, Nova Scotia
- 1996 Oncology Grand Rounds presenter, Cancer Care Program, “The Anatomy and Physiology of Controlled Clinical Trials”. Halifax, Nova Scotia,
- 1994 Oncology Grand Rounds, Cancer Care Program, , “Combining Full-dose Brachytherapy and Elective Neck Irradiation in the Treatment of Oral Tongue Cancer: The Ottawa Experience”. Halifax, Nova Scotia.

CLINICAL TRIALS EXPERIENCE / RESEARCH:

2006 - present	Nova Scotia Cancer Centre Principal Investigator, RAPID trial, Ontario Clinical Oncology Group
2004	Research Award Recipient, CDHA Health Research Fund, \$15,000, "Promoting physician health using a web-based program".
2001-Present	Radiation Oncology Co-Investigator, Children's Oncology Group, AALL0031, A Phase III Group-Wide Pilot Study for the Treatment of Very High Risk Acute Lymphoblastic Leukemia in Children and Adolescents
2002-2007	Institutional Principle Investigator, RTOG 97-14, A Randomized Trial of Palliative Radiation Therapy for Osseous Metastases. A Study of Palliation of Symptoms and Quality of Life.
2000-Present	Institutional Principle Investigator for the RTOG 96-01: A Phase III Trial of Radiation Therapy with or without Casodex in Patients with PSA Elevation following Radical Prostatectomy for pT3N0 Carcinoma of the Prostate
2000	Lead Investigator, Pilot Project - Videotape Assisted Teleconferencing for Cancer Support Groups in Nova Scotia
1997-1999	Institutional Principle Investigator for the RTOG 9413: A Phase III Trial Comparing Whole Pelvic Irradiation followed by a Conedown Boost to Boost Irradiation Only and Comparing Neoadjuvant to Adjuvant Total Androgen Suppression.

Teaching Commitments:

- Supervision of 1-2 radiation oncology residents per year
- See Teaching Dossier

PSYCHOSOCIAL ONCOLOGY COMMUNITY OF PRACTICE PROJECT

2007-Present	Founder, Co-lead Facilitator with Dr. Lynne Robinson, the Canadian Psychosocial Oncology Partners Annual Workshop sponsored by the Canadian Partnership Against Cancer
2010	Seminar co-leader with Dr. Lynne Robinson Nova Scotia Psychosocial Oncology Partners Workshop and Report. "Can development, evaluation & dissemination of psychosocial cancer knowledge in NS be improved by a community of practice?"
2009	Presenter, Canadian Association of Psychosocial Oncology annual meeting. "Raising public awareness of psychosocial oncology through video documentaries of weekend support groups" Halifax.

- 2009 Workshop facilitator “CBO Showcase: presentation of psychosocial programming by leading Canadian Community-Based Organizations (CBOs). Halifax
- 2007 Invited speaker. International Psychosocial Oncology Society - Advocates conference –. “Integrating community-based organizations into Cancer Care”. London, England

CANCER SUPPORT GROUP WORK

- 2010 Invited seminar presenter, annual Young Adult Cancer Canada conference, St. John’s, NL. -
- 1999-present Founder / Lead Facilitator, Annual “Skills for Healing” Weekend Retreats, Halifax, Nova Scotia.
- 2003 – present Organizer and lead facilitator: Skills for Healing retreats in
2010: Calgary, Halifax (Thyroid cancer) Saint John,
2009: Toronto (Brain Tumour), Winnipeg
2008: Victoria, Chatham, Oshawa
2007: Oakville, Sydney, Toronto (Chronic myelogenous leukemia)
2006: Regina, Winnipeg
2005: New Zealand, London, Montreal
2004: Ottawa, Moncton
- 2006- 2008 Lead Organizer and facilitator, Annual ‘Retreat Yourself’, national retreat for young adults with cancer, St. John’s, Newfoundland and Labrador.
- 2006 Co-organizer and presenter at the “Rependa” conference of the Saskatchewan Division of the Canadian Cancer Society, Saskatoon, Saskatchewan.
- 2005 Lead organizer for support group for caregivers, British Columbia Cancer Agency, Vancouver, British Columbia.
- 2000 Leader, day-long retreat for cancer survivors in New Glasgow, Nova Scotia
- 2000 Co-organizer, Health Care Professionals Continuing Education Weekend, Support Group Work for Cancer Patients. Grant recipient from the Cancer Research and Education Fund, Halifax, Nova Scotia.
- 2000 Invited weekend participant, National Working Group on Supportive Care Research for the Canadian Institute of Health Research, Halifax, Nova Scotia.
- 2000 Principal Investigator, Pilot Project, Videotape-Assisted Teleconferencing for Cancer Support Groups in Nova Scotia. Supported by grant from the Canadian Cancer Society / Socio-behavioural Research Network, Nova Scotia.

INVITED PUBLIC LECTURES

- 2010 "Body-Mind-Spirit Connection" – New Glasgow, NS – November 25, 2010
- 2010 "Body-Mind-Spirit Connection" – Truro Public Library, Truro, NS – November 18, 2010
- 2010 "Body-Mind-Spirit Connection" – Saint John, New Brunswick – November 13,
- 2010 "Body-Mind-Spirit Connection" – Canadian Cancer Society – St. John's, Nfld – November 4, 2010
- 2010 "Body-Mind-Spirit Connection" – Halifax Public Library, Halifax, NS – September 14, 2010
- 2010 "Skills for Living with Cancer" – Free Public Seminar, Halifax
- 2010 Telehealth presenter: "Radiotherapy: the hows and whys, and short and long term side effects". In Association with Canadian Cancer Society, Cancer Care Nova Scotia,.
- 2010 Keynote speaker, young women's breast cancer conference, Toronto, ON.
- 2010 Public Talk – Wellspring, Sunnybrook, Toronto, ON October 29, 2010
- 2009 Kamloops Cancer Centre. Kamloops, Vancouver
- 2009 Prevention and Treatment of Prostate Cancer – presentation for the Halifax Prostate Cancer Support Group, Halifax
- 2008 Telehealth presenter: "Complementary and Alternative Therapies – Part I: An Overview from a Cancer Doctor's Perspective". Telehealth presentation – In Association with Canadian Cancer Society, Cancer Care Nova Scotia, multiple Nova Scotian sites
- 2008 Annapolis Valley Health Authority, Organizing Committee presentation: "Cancer and Pastoral Care".
- 2007 Annapolis Valley Health District Cancer Committee presentation: "Complete Cancer Care: Empowering Body, Mind and Spirit". April 3, 2007
- 2007 Workshop leader, National Conference for Young Women Living with Breast Cancer. "The Mind/Body and Connection" Toronto, ON.
- 2007 "Body-Mind-Spirit Connection" Sunnybrook Health Sciences Centre – Toronto, ON October 25, 2007
- 2007 "When Someone You Love Has Cancer: What to Say and How Best to Support Them". October 9, 2007 – Public Lectures
- 2007 "Caring for your Mind and Body" – May 26, 2007 (Spryfield, NS) Sponsored by Chebucto West Community Health Board.

- 2007 Cancer Wellness and Prevention Series – April 4, 2007. “The case for complete cancer care”. How to integrate complementary care with conventional medicine. Spring Wellness Centre, Halifax, NS N=16.
- 2007 Skills for Wellness Workshop for HealthCare Providers – with T. Walker. Sponsored by the Ottawa Hospital Regional Cancer Centre and the Canadian Cancer Society. April 12-15, 2007.
- 2007 Cancer Answers: “When Someone You Love Has Cancer: What to Say and How Best to Support Them”. 15 sites and 200 participants – In Association with Canadian Cancer Society, Cancer Care Nova Scotia, Capital Health, Cancer Answers (Quality Cancer Information for Nova Scotians.). October 9, 2007. Free Public Lecture.
- 2006 Hosted by the Faculty of Medicine, Ottawa University, “The body-mind-spirit connection: making a difference on the cancer journey”. Attended by 30
- 2006 Hosted by the Halifax YWCA at the “Encore after breast cancer exercise program” in February and June 2006. This talk was videotaped and will be used for subsequent participants. I was interviewed for the national YWCA newsletter about the program.
- 2006 Geneva Switzerland – October 2006 “The body-mind-spirit connection: making the difference on the breast cancer journey. N=40.
- 2006 When a loved one has a brain tumour – Ways to support someone facing a tumour of the brain. Given at Halifax Information Day – Hosted by Brain Tumour Foundation of Canada. N=40. Moderator for second session “ask the expert”.
- 2006 November 2-5. Skills for Healing series. The body-mind-spirit connection: making the difference on the breast cancer journey. For 90.
- 2006 Sunnybrook, Toronto. Sunnybrook Cancer Centre staff: Lecture to 40.
- 2006 Weekend Retreat – November – co-hosted by Wellspring. Filling our evaluation: average score 9.5 out of 10. N=45. Involved paper presentation: Explicitly exploring spirituality, Round Chair Discussion/Organizer, Workshop given with David Morrison: “Integrating Spiritual Assessment and Spiritual Care Specialists into Cancer Care”, Poster presentation with Gale Turnbull: Teaching oncology staff “Skills for Wellness”: Outline and Results of day-long health and spirituality seminars.
- 2006 November – Skills for healing Weekend Retreat Halifax, NS N=42.
- 2006 November – British Columbia Cancer Agency’s Public Forum. 1.5 hour lecture with Elaine Drysdale: Integrating spirituality into our cancer journey – n=50 and workshop with Sarah Sample: Four ways to engage your spiritual life on the cancer journey. N = 30.
- 2006 December – Physician Health/Caregiver Health. Oral presentation with Lynne Robinson “MD Health eCoach: Preliminary results from a web-based health

promotion program for physicians' presented at the 2006 AMA-CMA International conference on Physician Health.

- 2006 December – Physician Health Caregiver Health – Ottawa Regional Cancer Centre Breast Cancer Retreat. Lecture for 40 “Professional Caregiver Health” – Dr. Rob Rutledge and Lynne Robinson. Workshop for 25 – promotion and facilitation of health habits in caregivers, patients and families – Dr. Rob Rutledge & Lynn Robinson.
- 2006 October – Co-Organizer with Breast Cancer Action Nova Scotia of event: Complete Breast Cancer Care: integrating conventional medicine with scientifically-proven mind-body practices. Attended by 120. I gave talk “The body-mind-spirit connection: making the difference on the breast cancer journey”.
- 2006 Presenter, Breast Cancer Global Patient Summit, “Evidence to empower women diagnosed with breast cancer”. Italy,
- 2006 Hosted by the Canadian Cancer Society, Saskatchewan Division, in Regina, Saskatchewan, “The body-mind-spirit connection: healing at the psychological and spiritual levels on the cancer journey”.
- 2006 Hosted by the Halifax YWCA at the “Encore after breast cancer exercise program” in February and June 2006.
- 2006 Hosted by the Psychosocial Department of Cancer Care Manitoba, Winnipeg, “The body-mind-spirit connection: making a difference on the cancer journey”.
- 2006 Hosted by National Ovarian Cancer Association, education day in St. John’s Newfoundland and Labrador, “The Mind-body connection: making a difference on the ovarian cancer journey”
- 2005 Co-presenter, “When a loved one has cancer”, public education series, community health CDHA, Dartmouth, Nova Scotia.
- 2005 Presenter, “Caregiver’s talk” and co-presenter “body-mind-spirit connection” British Columbia Cancer Agency Annual conference, Vancouver, British Columbia
- 2005 Presenter, “Caregiver’s talk”, North American Educational Forum on Lymphoma, Atlanta, USA
- 2005 Presenter “Why Yoga and Meditation are helpful for people with a cancer diagnosis”, Therapeutic touch Yoga Studio, Halifax, Nova Scotia
- 2005 Presenter, “When a loved one has cancer”, Patient and Family Counseling Service, BC Cancer Agency, Vancouver, British Columbia
- 2004 Speaker, Acoustic neuroma association of Canada, “The mind-body connection – healing at the psychological and spiritual levels”, London, Ontario

2004	Speaker, D'uc Danville Elementary school, professional development – “Stress, Burnout and Taking care of us”, Halifax, Nova Scotia
2003	Speaker, Brain Tumour Foundation of Canada – information day. “The mind-body connection”, in London, Ontario and Halifax, Nova Scotia
2003	Speaker, Brain Tumour Foundation of Canada – information day. “Radiotherapy for Pediatric Brain Tumours”.
2002	Speaker, Atlantic School of Theology, half-day seminar, “Understanding the Medical System”, Halifax, Nova Scotia
2000	Panelist, “No Big Deal”, Prostate Cancer Presentation, Halifax, Nova Scotia
2000	Lecturer, Holistic Health Forum, “Complementary and alternative medicine –an oncologist’s perspective, Halifax, Nova Scotia
2000	Lecturer, Cancer Care Nova Scotia’s Bridgewater Seniors’ Expo, Bridgewater, Nova Scotia
1993-Present	Presenter / Lecturer, Numerous Support Groups, Canadian Cancer Society Support Groups, Nova Scotia and Ontario

Product development

Co-author with Dr. Timothy Walker of *The Healing Circle: Integrating Science, wisdom and compassion in reclaiming wholeness on the cancer journey*

Robinson, L., Rutledge, R. Simpson, C., Francis, L., and members of the Physician Health Website team (2005). *MD Health e-Coach, an interactive self-change program to promote physician health*, with funding from Capital Health Research Fund

Grants

CIHR (\$20,000) March 2007 – “Creating a Community for Knowledge Exchange and Capacity Building in Psychosocial Cancer Care: Facilitating Collaboration Between NGO’s, Professionals and Researchers?” (L. Robinson, Principal Investigator, with Drs. R. Rutledge, G. Devines, S. O’Brien)

Awards

2010	Cancer Care Nova Scotia Excellence in Patient Care.
2006	Doctors Nova Scotia award for health promotion in recognition of contribution to physician health and health promotion in oncology patients
2005	Dalhousie University’s radiation oncology residents: Radiation oncology training program’s teacher of the year award.